



Helping Children Thrive, from Birth To Five
Annual Community Report



The First 5 Mission:

The first 5 years of life are the most critical for healthy brain development, and for shaping a child's future success. Research shows that children who are safe and nurtured, who receive quality early education and who are healthy have the best start in life, and have the best opportunity to thrive. Those that do not are at higher risk of school failure, criminal activity and illness later in life. First 5 Tuolumne invests in services that:

- 1. Support parents in nurturing their children and keeping them safe;*
- 2. Support preschool teachers and family child care providers in providing safe, enriching & nurturing care environments; and*
- 3. Provide health care resources that children need.*

Programs & Services

In FY 15-16, First 5 Tuolumne supported:



Training for Parents focused on parenting skills, family literacy, and skill building for family self-sufficiency.

Training & Mentoring for Preschool Teachers & Family Child Care Providers

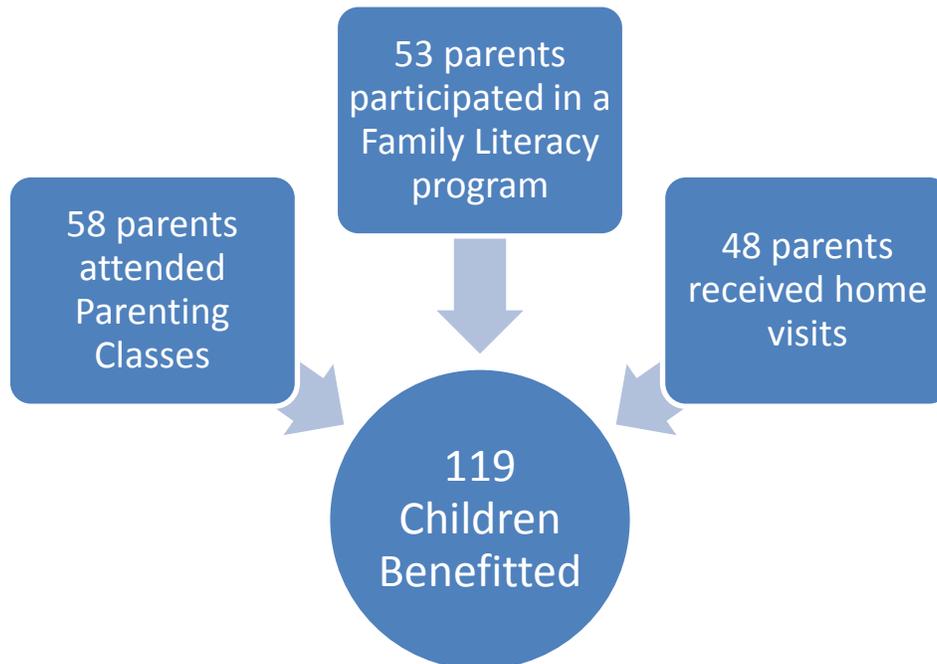
Dental disease prevention services for children, and health and dental education for parents.

Goal: Nurturing Families

Helping parents to nurture their children and keep them safe is a priority for First 5 Tuolumne.

First 5 Tuolumne funds Infant Child Enrichment Services and Amador Tuolumne Community Action Agency to provide:

- *in-home parenting support and parenting classes (Raising Healthy Families); and*
- *family literacy programs (Family Learning and Support Program)*



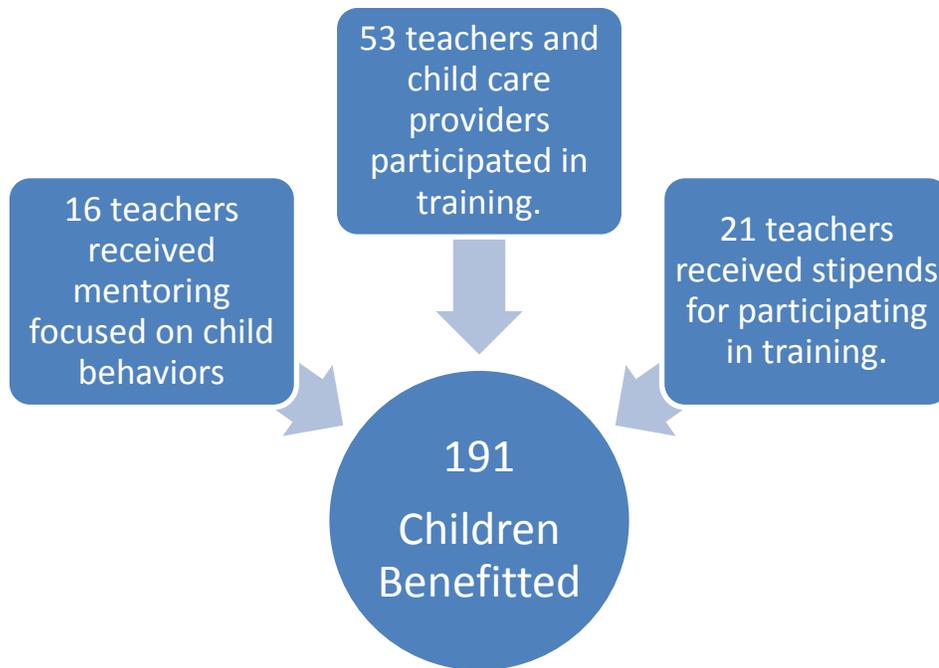
- *Parents met employment, education, and parenting goals.*
 - *Parents strengthened parenting skills and knowledge.*
 - *Parents learned about their child's healthy development.*
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Goal: Quality Early Childhood Education

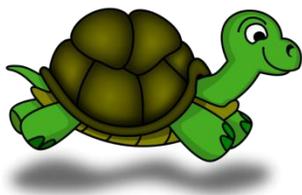
Preschool teachers and Family Child Care Providers spend many hours a day with our youngest children. First 5 Tuolumne supports this important work.

First 5 Tuolumne funds Tuolumne County Supt. of Schools and Amador-Tuolumne Community Action Agency to provide:

- *mentoring for teachers with a focus on supporting positive behaviors in young children (the Social Emotional Learning Foundations program) and*
- *additional professional development training and stipends for preschool teachers and family child care providers (CARES and IMPACT, supported by First 5 CA)*



“Tucker the Turtle has worked for many of the children. Using deep breathing to calm their bodies and emotions so we can solve their problems together.”



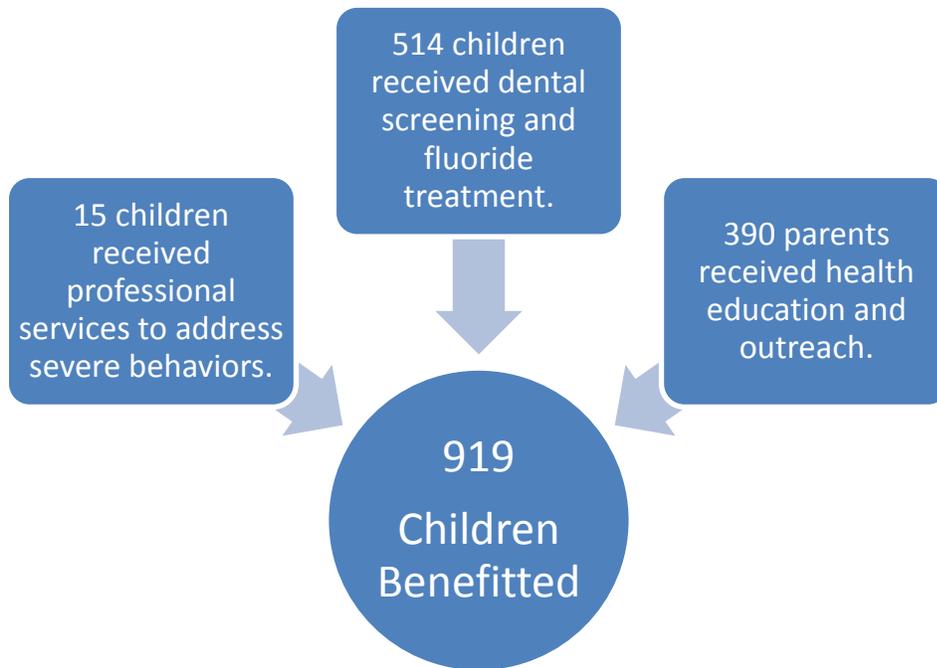
-Local Preschool Teacher

Goal: Healthy Children

Children's health is critical to their ability to learn and thrive.

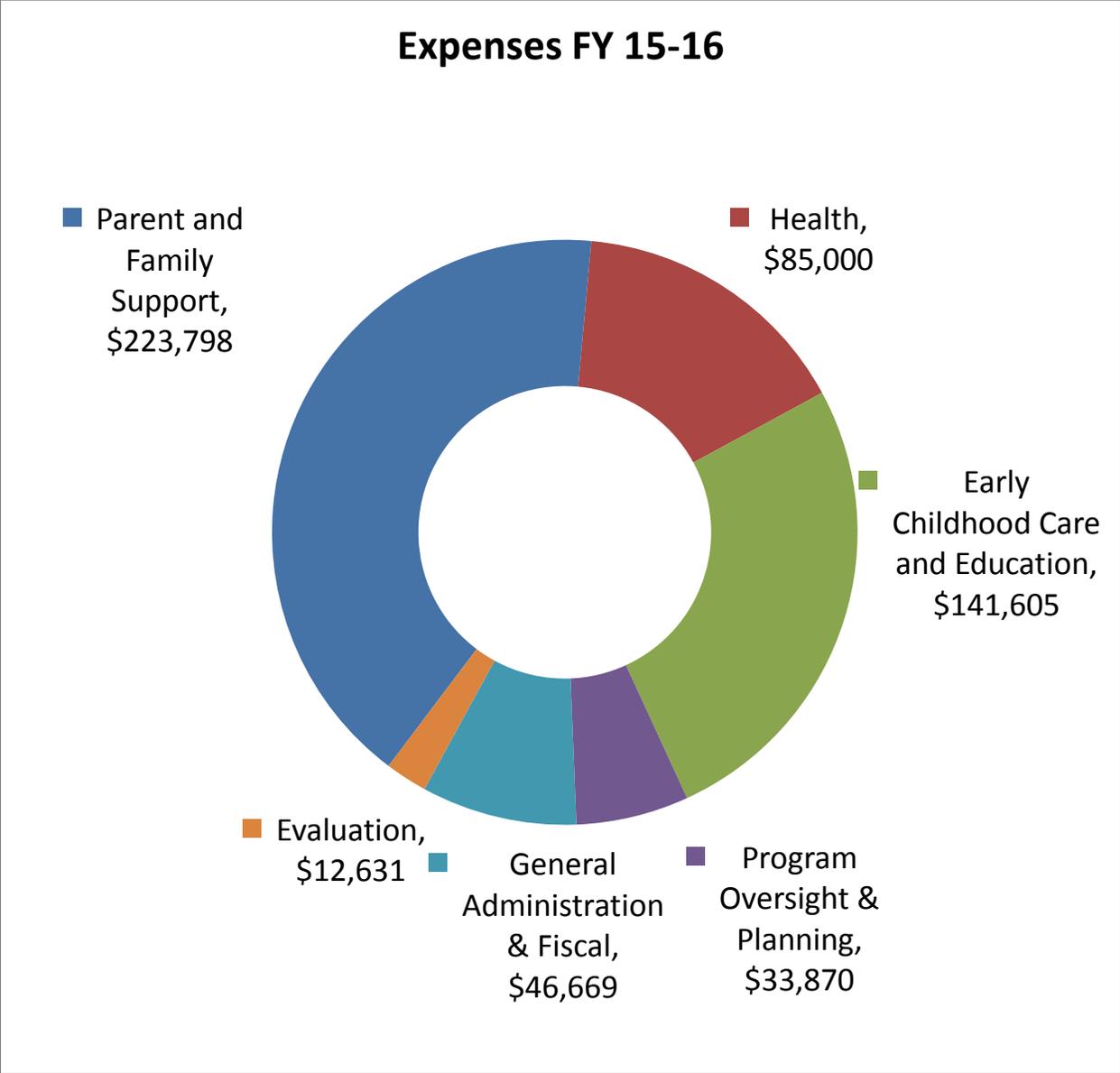
First 5 Tuolumne partners with Tuolumne County Supt. of Schools & Public Health to provide:

- *Smile Keepers, a dental disease prevention program for children & parents;*
- *Public health nurse outreach at many locations in the community; and*
- *One-on-one services for children struggling with social-emotional delays (SELF).*



- *Decreases in cavities in young children have been sustained for 14 years.*
- *93% of children with troubling behavioral issues remained in a safe, stable preschool setting.*
- *Parents learned about oral health, immunizations, & accessing medical and dental care for their children.*

Investments & Funding



Commissioners

Cori Allen

Tuolumne Co. Human Services Agency, Adult, Child & Family Services

Sherri Brennan

Board of Supervisors, District 1

Deborah Bryant

Tuolumne MeWuk Indian Health Center

Marguerite Dilberto Bulkin

Tuolumne Co. Superintendent of Schools

Anna Noonan

Community Member

Melissa Parrish

Tuolumne Co. Public Health Department

Willow Thorpe

Infant Child Enrichment Services

Staff

Sheila Kruse

Director, First 5

Funded Programs

ATCAA Family Learning and Support Services (209) 533-5065 ext 6

ICES Raising Healthy Families (209) 533-0377

IMPACT (209) 588-8067

Public Health Nursing Outreach & Case Management (209) 533-7434

Smile Keepers (209) 536-2014

Social Emotional Learning Foundations (209) 536-2067