

Baby Teeth Are Important



* To Chew * To Talk

* To Smile * To Feel Good

Question: When should I start oral care for my baby?

Answer- The day your baby is born. Make it a part of your baby's bath routine.
Use a clean washcloth to wipe gums and tongue.

Question: My baby doesn't have teeth, why do I need to do anything?

Answer- Studies have shown that bacteria living in your mouth can be transmitted to baby through saliva.

Question: My baby doesn't have teeth so what do I clean?

Answer- Twice a day – wipe baby's gums and tongue, the roof of the mouth and any teeth surfaces

Question: What should I use to clean my baby's teeth?

Answer- Any soft cloth will do. You can also purchase infant brushes to clean your baby's gums but they are not necessary. A simple wet washcloth will do. Make you baby's first dental appointment on their 1st birthday.

Question: How much toothpaste should I use?

Answer- **No toothpaste** is needed. The gentle rubbing action around your baby's mouth is all that is needed.

Question: I heard that putting my baby to sleep with a bottle is bad?

Answer- Baby Bottle Tooth Decay can happen when sugar pools around baby's teeth. Sugar is in milk, formula, juice and sweet drinks. Do not let your baby sip from the bottle all day; this also can cause the bacteria to erode baby's tooth enamel. If you must put your baby to bed with a bottle, simply fill the bottle with water.

WIPE OR BRUSH TEETH EVERY DAY
TWICE A DAY